



ASSOCIATION OF THE UNITED STATE ARMY

General Vessey AUSA Chapter

STORYBOARD SERIES



Norwegian Foot March & Trail Run

Arden Hills, MN

Arden Hills, MN — Imagine 497 Soldiers, Cadets, and Civilians hiking 30 kilometers while carrying 25 pounds on your back. In partnership with the Norwegian consulate, the University of Minnesota Army ROTC, and the Association of United States Army, Vessey Chapter hosted the Annual Norwegian Foot March & Trail Run on 15 April 2023 in the trails of Arden Hills Army Training Site (AHATS). This event is an opportunity for U.S. Soldiers to earn the Norwegian Foot March Badge while at the same time loading their rucksacks with non-perishable food donations for [Second Harvest Heartland](#). For the first time, the course featured a 5-kilometer and 30-kilometer Trail Run options, open to the public. The event also features music, food, a business expo, and a Leadership Forum presented by [LTG \(R\) Tom James](#) - AUSA Leader Fellow. Proceeds from the event will benefit the [AUSA Troops of Tomorrow](#) initiative and military programs throughout Minnesota. The 2024 Norwegian Foot March & Trail Run date is set, and information on getting the next badge can be found online on the [Norwegian Foot March & Trail Run website](#). This year's event was covered by NBC Kare 11 during their Saturday Morning Show. [Watch the Video Footage Here](#).



LTG (R) James during the Expo Leadership Forum.



Emily Byrd placed 1st overall in the 30K Trail Run.



Fighting Saints Alumni Jake & Jennifer Lillehaug and LTG (R) James during the NFM Expo.



A member of the MNARNG getting ready for the Norwegian Foot March.



Race packets ready for pick up during the event's check-in.



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Sights from the Annual Norwegian Foot March & Trail Run





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